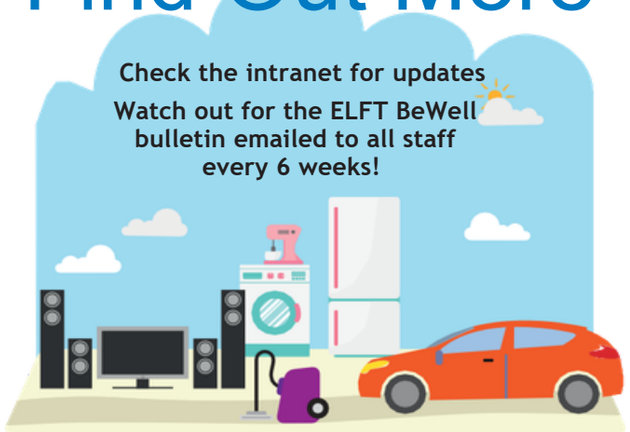
FAMILY FRIENDLY

- Employee Assistance Programme (EAP)
- Bereavement Leave
- Terminal Care Leave
- Sabbatical Leave – different to Career
- Break Removal day
- Flexible Working Policies
- Special Leave Policy
- IVF Leave up to 5 days

Find Out More



Contact us

For more information e-mail: elft.employee.engage@nhs.net

East London NHS Foundation Trust
Trust Headquarters
Robert Dolan House
9 Alie Street
London
E1 8DE

NHS
East London
NHS Foundation Trust

NHS
East London
NHS Foundation Trust

STAFF BENEFITS & WELLBEING

FOR ELFT EMPLOYEES



East London NHS Foundation Trust (ELFT) aims to be a first rate employer that values staff and is committed to the experience of our staff.

We offer an extensive range of benefits to support staff in all aspects of their life and help them to achieve a good work/life balance.

STAFF BENEFITS



- Salary sacrifice home electronics
- Salary sacrifice & salary deduction car lease
- Employee/Team of the Month Annual Staff
- Awards Ceremony
- Home removal and Associated expenses for new starters
- Relocation Packages
- Cycle to Work Scheme
- Learning and Development Opportunities, Continuous Professional Development



- 40% Subsidy Scheme for Kids Holiday Play Camp
- Interest free Season Ticket Loans
- Eye Test Vouchers
- Credit Unions



Wellbeing Benefits

- Menopause Guidance and Support
- Stress Leaflets & Tool Kits
- Annual Vitamin D Campaign

MOTHealth Checks – covering:

- Blood Pressure
- Weight Check
- Height Check
- Good & Bad Cholesterol Test
- Glucose Test
- BMI Check
- Respiratory Peak Flow Test



Wellbeing Benefits cont.

- Pilates/Yoga courses - 10 week course from £25.00 per person
- Massage Sessions massage - Free of charge
- Stress Leaflets & Tool Kits