

# Train.Work.Live.

NORTH WALES



# NHS North Wales – The Right Choice!



Trearddur Bay Beach, Anglesey

## A warm welcome awaits

If you relish a challenge, have a passion to help others or simply fancy a fresh start somewhere new and inspiring, then NHS North Wales has the right ingredients.

Whether you're training or qualified, you'll have the opportunity to shape the future of healthcare in a vibrant community at stunning locations and make a real difference to the people who live in them. And when you're not working, discover a vast national park, purpose built mountain biking trails, a breathtaking coastal path, soaring zip line, food festivals,

and world class sport and adventure around every corner.

Betsi Cadwaladr University Health Board (BCUHB) is evolving and moving in a positive direction due to strategic planning, additional investment in infrastructure and more transparent communication channels between staff and Board members. Recruiting, retaining and developing a diverse and talented workforce will accelerate our journey. So why not come and build your future whilst helping us shape ours?

Typical travel times from St Asaph:

- Liverpool 55min
- Manchester 1hr 16 min



## Training schemes unlike any other

By training in Wales, you'll get to choose from dozens of flexible, high quality specialty training programmes and receive support from experienced doctors, nurses, allied health professionals who can support your development.

Our new Education Contract is unique to Wales. That's because it guarantees you access to all the outpatients clinics, theatre sessions, ward rounds and other educational opportunities you need.

The Wales Deanery operates a wide range of specialty training programmes for you to choose from including the Broad Based Training Programmes in West Wales and North Wales and lots of specialty training such as the Mountain Medicine Program which trains on the foothills of Snowdon. All recruits into GP Training in Wales can rank their preferred training scheme and North Wales provides a range of opportunities across rural and urban settings and locations.

There are flexible training options. You can train on a less than full-time basis (LTFT), and our Out of Programme Experience (OOPE) which means you can take a break to gain additional clinical experience.

### Fellowship opportunity

Development options include the opportunities to train on a highly regarded Welsh Clinical Academic Track (WCAT) Fellowship and Welsh Clinical Leadership Fellowships. By completing the Fellowship, you'll be ideally placed to build and lead the transitional research from bench to bedside or improvements in the delivery of healthcare.



Ranked No 1 in the UK in the 2016 GMC Trainee Survey

## Nurse training

Our nursing and midwifery workforce have excellent in house continuing professional development opportunities to ensure that throughout your career as a nurse or midwife you will have access to regular learning and development activities that maintain and improve your knowledge, and competence. Post registration study to progress knowledge and skills in line with your chosen career pathway is actively supported and is enhanced due to our close links with our local universities.

We offer rotations to develop and enhance your clinical experiences and have a variety of leadership development programmes for aspiring leaders too.



## An added incentive

From August 2017, a North Wales GP incentive scheme will be rolled out in certain parts of the region, offering GP trainees a £20,000 incentive package whilst they train and stay in the area for one year of practice afterwards. A second incentive of a one-off payment of £2,000 will be paid to all GP Speciality Training Programme trainees to help cover their final exams following study in North Wales.

If you are a Year 1 Foundation Doctor, you are entitled to free accommodation in whatever part of North Wales you choose.

We also offer comprehensive relocation packages.



Wales Air Ambulance



## Single lead employer for GPs

Trainees in North Wales are supported throughout their placements by a single employer – meaning you get a more positive and consistent experience and access to professional HR services, with streamlined processes to deal with any issues you may have. These levels of service apply equally to inductees and returners.

*"I have received excellent support and encouragement to develop my career both in my own field of paediatrics and in the national work I do. I have never been told: you can't do that and the Health Board has allowed me to freely develop my interests."*



**Markus Hesseling**  
Consultant  
Paediatrician

Dr Michael Thornton



# Work in healthcare and enjoy it!

Betsi Cadwaladr University Health Board (BCUHB) is the largest health organisation in Wales servicing a quarter of the country's population across Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham as well as some parts of Mid Wales, Cheshire and Shropshire.

It provides a full range of primary, community, mental health and acute hospital services across 3 district hospitals, 22 community hospitals and a network of over 90 health centres, clinics, community health team bases and mental health units. BCUHB also co-ordinates the work of 113 GP practices and the NHS services provided by dentists, opticians and pharmacists across the region.

## Benefits of working for BCUHB

Everyone who joins us here in BCUHB is guaranteed a salary that matches their ability,

experience and responsibilities and given every opportunity to increase it through pay progression.

On top of your basic salary, we reward you with generous leave entitlement. On commencement with the NHS, staff will receive paid leave of 27 days. After 5 years service, this entitlement increases to 29 days and to 33 days after 10 years. These entitlements are in addition to 8 bank holidays (this entitlement is pro rata for part-time staff and excludes medical and dental staff who have separate arrangements).

The NHS Pension Scheme is also an important and valuable staff benefit for people working within the NHS. With an excellent package of pension benefits on offer, the the NHS Pension Scheme's fringe benefits are hard to replicate elsewhere.

We also offer lots of family-friendly benefits, including childcare voucher schemes, work-life balance policies and on-site crèche facilities.



Heart Monitoring Check-up





Staff nurses with patient Gracie

## Everyone can save lives!

Whether you've worked in the NHS all of your life, or whether you hold the misconception that everyone holds a degree, the NHS in North Wales can offer you a rewarding career. We currently have vacancies across:

- Medical & Dental
- Allied Health Professionals
- Health Science Services
- Catering, Domestic & Portering
- Midwifery & Nursing
- Senior Team
- Support Services
- Administration Services
- Assistant Roles
- Apprenticeships
- Volunteering
- Bank Work

*"This is a very friendly place to work. I have grown up in the community and know both staff and a considerable number of the patients. I am currently on a secondment as the Transformational Lead for Primary Care. The Health Board is very good at identifying skills and supporting staff in expanding roles. I have been supported and developed as a clinician, manager, leader and most recently as an innovator, throughout my 38 years with the Health Board."*



**Stephen Jones**  
Head of Speech and Language Therapy

## Great savings

Make your money go further. Working for the NHS gives you access to a world of great savings across big name brands from the world of retailers, travel outlets, mobile phone and insurance providers. We even offer discounts to our retired staff, Foundation Trust Members, volunteers, NHS-related charities, carers and your friends and family.

Therapists receiving awards



# You'll be blown away by the beauty

From sensational beaches and rugged coastlines to majestic mountains, North Wales has it all. Nowhere in Wales will you experience the Welsh language, culture and history more so than in the northern counties.

Wherever you choose to live in North Wales, you are never too far from a beautiful view, a quiet forest or a bracing walk along a seaside promenade. That's the great thing about living and working in North Wales – we work hard but our surroundings have restorative powers.

In an area which hosts the Snowdonia national park along with great towns and cities such as Bangor, St.Asaph, Wrexham, and not to mention enough coastline to keep you busy for many weekends to come, providing downtime from working life and so much more to offer than a big city.

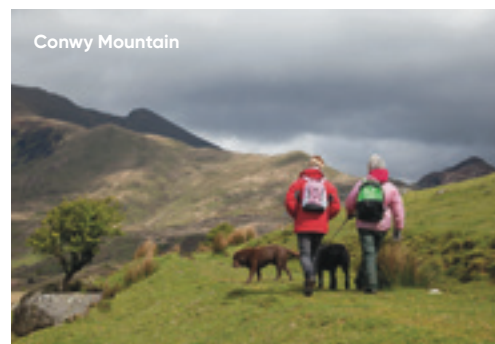
## The best of both worlds

Living in North Wales may give you tranquility and stunning countryside on your doorstep, but it is also incredibly well connected and you're never far from the hustle and bustle of a major city. Offering excellent commuter links to Snowdonia National Park and the cities of the North West of England - Chester and Liverpool (also know as 'the capital of North Wales!') are less than an hour's drive away, and Manchester and Birmingham can be reached by car in under two hours. You can fly direct from Anglesey to Cardiff in just an hour.



Voted 4th best region in the world to visit in 2017 by Lonely Planet

Conwy Mountain





Rhosneiger Watersports Centre, Anglesey

### Enjoy a low cost of living

North Wales has some of the lowest living costs in the UK, and most of the population enjoy a high standard of living. Property prices, council tax and basic essentials fall below the UK average, so you can make your wages go further in North Wales! If you have found yourself priced out of the property market elsewhere in the UK, then a move to North Wales could help you get yourself on the property ladder, or live in a far bigger house than your budget would allow stretch to in your current location.

*"There are so many things to do here in North Wales. I live in a small village called Penmaenmawr which is situated on the coast. Every morning I wake up I see the sea and when I walk out of my front door I have views of the mountains in the opposite direction. My family and I mostly enjoy walking along the beach, especially in the evenings - the sunsets over the Isle of Anglesey can be magnificent!"*



Daniel Morris  
Senior Clinical Technologist

Daniel Morris  
Uwch Technolegydd  
Clinigol



*"Mae yna gymaint o bethau i'w wneud yma yng Ngogledd Cymru. Rwy'n byw mewn pentref bach o'r enw Penmaenmawr sydd ar yr arfordir. Bob bore byddaf yn deftro i weld y môr ac wrth gerdded allan o'm drws ffrynt gennyf weld y mynyddoedd i'r cyfeiriad orall. Mae fy nheulu a minnau'n mwynhau cerdded ar hyd y traeth yn bennaf, yn enwedig gyda'r min nos - gall y machlud dros Ynys Môn fod yn fawreddog!"*

### Commute to work in minutes

The three main hospitals of BCUHB are situated across North Wales at approximately 40 miles intervals and located just off the A55, which is the main expressway for North Wales, running from the M53 to Holyhead Port on Anglesey. Say goodbye to heavy inner city commuter traffic, and enjoy a breathtaking commute along the coast and through the countryside of North Wales that will take you minutes (rather than hours), and give you more time to spend doing the things you love.



### Mwynhewch gostau byw isel

Yng Ngogledd Cymru mae rhai o gostau byw isaf y DU, ac mae'r rhan fwyaf o'r boblogaeth yn mwynhau safon byw uchel. Mae prisiau eiddo, trefn gyngor a hanfodion sylfennol yn is na chyfarfalledd y DU, fel y gallwch wneud i'ch cyflog fynd ymhellach yng Ngogledd Cymru! Os ydych wedi canfod eich bod wedi'ch prisiau allan o'r farchnad eiddo mewn mannau eraill yn y DU, yna gallai symud i Ogledd Cymru eich helpu i gyhochwynn ar ysgol eiddo, neu fyw mewn tŷ llawer mwy na'g y byddai eich cyllideb yn ei ganiatu yn eich lleoliad presennol.



Mae tri phrif ysberty BIPBC wedi'u lleoli ar draws Gogledd Cymru gydag odeddau 40 milltir rhwng pob un ac ychydig oddi ar yr A55, y brif wibfordd ar gyfer Gogledd Cymru, yn rhedeg o'r M53 i borthladd Caerdybi ar Ynys Môn. Gallwch ffurfio a thraffig cymudo trwm canol y ddinas, a mwynhau taith cymudo sylfennol ar hyd yr arfordir a trwy gefn gwlad Gogledd Cymru a fydd yn cymryd munudau (yn hytrach na'g oriau), ac yn rhoi mwy o amser i chi ddiol'n gwneud y pethau rydych wrth eich bodd o hwy.

### Cymudwch i'r gwaith mewn munudau



Dwr Rhosneigr, Ynys Môn  
Canolfan Chwaraeon



Goleudy Ynys Lawd, Ynys Môn

# Bydd yr harddwch yn eich syfrdanu



Y rhanbarth gorau yn y byd ond 3 i ymweld ag ef yn 2017 yn ôl pleidlais Lonely Planet

## Y gorau o ddau fyd

Efallai bod Gogledd Cymru yn ymddangos yn bell, ond mae gan yr ardal gysylltiadau arddechog. Yn cynnig cysylltiadau rhagorol i gymdwyr i Barc Cenedlaethol Eryri a dinasoedd Gogledd Orllewin Lloegr, ni fyddwch byth ymhell o'r bwrthwm pan (ac os!) bydd ei angen arnoch.

Mae Caer a Lerpwl llai nag awr i ffwrdd mewn car, a gellir cyrraedd Manceinion a Birmingham mewn llai na dwy awr mewn car. Gallwch hedfan yn uniongyrchol o Ynys Môn i Gaerdydd mewn awr yn unig.



Mynydd Conwy



Mewn ardal sy'n cynnwys parc cenedlaethol Eryri ynghyd â threftadaeth ddiwydiol fel Bangor, Llanelli, Wrecsam, yn ogystal â digon o arfordir i'ch cadw'n brysur am lawer o benwythnosau i ddod, gan ddarparu amser segru o fywyd gwaith ac felly llawer mwy nag ymddangos mae dinas fawr yn ei gynnig.

Le bynag y dewiswch fyw yng Ngogledd, ni fyddwch byth yn rhy bell o olygfa hardd, coedwig dawel neu lwybr cerdded ffres ar hyd promenâd glan môr. Dyna'r peth gwybodaeth am fyw a gweithio yng Ngogledd Cymru – rydym yn gweithio'n galed ond mae gan ein o'n cwmposedd bweru adferol.

O draethau syfrdanol ac arfordiroedd gwylt i fynyddoedd mawreddog, mae gan Gogledd Cymru'r cyfan. Ni fyddwch yn profi iaitn, diwylliant a hanes Cymru unrhyw le yng Nghymru'n fwy nag yn siroedd y Gogledd.



Gwnech i'ch arfan fynd ymhellach. Mae gweithio i'r GIG yn rhoi i chi fynediad at fyw arbredion gwybodaeth a draws brandiau enwog o fyw manwerthwyr, siopau teithio, ffonau symudol a darparwyr ysgrifftiaeth. Rydym hyd oed yn cynnig gostyngiadau i'n staff sydd wedi ymddedol, Aelodau Ymddiriedolaeth Sylfaen, gwirfoddolwyr, elusenau sy'n gysylltiedig â'r GIG, gofaliwyr a'ch ffrindiau a'ch teulu.

## Arbedion gwybodaeth

**Stephen Jones**  
Pennaeith Therapi  
Iaitn a Llerfeydd

*"Dyma le cyfeillgar iawn i weithio. Cefais fy magu yn y gymuned ac rwy'n adnabod y staff a nifer sylweddol o'r cleifion. Ar hyn o bryd rwyf ar seconddiaid fel Arwain Trawsnewidiol ar gyfer Gofal Sylfaenol. Mae'r Bwrdd Iechyd yn dda iawn am nodi sgiliau a chefnogi staff wrth ehangu rolau. Cefais fy nghefnogi a'm datblygu fel clinigwr, rheolwr, arweinydd ac yn fwyaf diweddar fel arloeswr, drwy gydol fy 38 mlynedd â'r Bwrdd Iechyd."*



Nyrsys staff a Gracie (claf)



Therapists receiving Awards

- Meddygol a Deinyddol Nyrsio
- Gweithwyr Proffesiynol Perthynol i Iechyd Gwasanaethau Cymorth Gwasanaethau Gwyddor Iechyd Artïyo, Domestig a Phorthora
- Gwirfoddol
- Bydwreigiaeth a
- Nyrsio
- Uwch Dim Gwasanaethau Cymorth
- Gwasanaethau Gweinyddu Rolau Cynorthwyl
- Prentisiaethau
- Gwaith Banc

P'un a ydych wedi gweithio yn y GIG ar hyd eich oes, ynteu a oes genych y camstyriad bod gan bowb radd, gall y GIG yng Ngogledd Cymru gynnig gyfrif werth chwell i chi. Ar hyn o bryd mae genym swyddi gwasanaethau a darparwyr ysgrifftiaeth.

## Gall pawb achub bywydau!

# Gweithio

## Cymhelliant Ychwanegol

O fis Awst 2017, bydd cynllun cymell meddygon teulu  
Gogledd Cymru yn cael ei gyflwyno mewn rhoi rhonau  
o'r rhanbarth, yn cynnig pecyn cymhelliant £20,000 i  
feddygon teulu dan hyfforddiant wrth iddynt hyfforddi  
ac aros yn yr ardal am un flwyddyn o ymarfer wedyn.  
Teir all dalied cymhelliant un tro o £2,000 i holl  
hyfforddeion y Rhaglen Hyfforddiant Arbenigedd  
Meddygon Teulu i helpu i dalu am eu harholiadau  
teffynol ar ôl astudio yng Ngogledd Cymru.

Os ydych yn Ddoctor Sylfaen Blyddyn 1, mae genych  
haw i gael llefy am ddim ym mha ran bynnag o'r  
Gogledd Cymru byddwch yn ei ddewis.

Rydym hefyd yn cynnig pecynau adleoli cynhywstwr.



Ambwlans Awyr Cymru

hyfforddigiawethiobywggogledl.cymru

## Un cyflogwr arweiniol ar gyfer Meddygon Teulu

Caiff hyfforddeion yng Ngogledd Cymru eu  
cerfogi trwy gydol eu lleoliadau gan un cyflogwr  
– felly byddwch yn cael profiad mwy cadarnholl  
a chyson a mynediad at wasanaethau AD  
proffesiynol, a phrosesuau syml i ymddir aq unrhyw  
faterion a allai fod genych. Mae'r lletiau hyn  
gwasanaeth yr un mor berthnasol i ynddo ac sy'n  
dychwelyd i ddysgu.



Markus Hesseling  
Fediategydd  
Ymgynghoriol



"Rwyf wedi cael cerfogaeth  
ragorol ac anogaeth i  
ddatblygu fy ngyrfa yn fy  
maes fy hun o bediatreg ac  
yn y gwaith cenedlaethol  
rwy'n ei wneud. Ni  
ddywedwyd wrthyf erioed:  
all! di ddim gwneud hynny,  
ac mae'r Bwrdd Iechyd wedi  
caniatáu i mi ddatblygu fy  
nidoddebau yn rhydd."



Dr Michael Thornton

# Gweithiwrch ym maes gofal iechyd a'i twynhau!



## Bwrdd Iechyd Prifysgol Bets!

Cadwladr (BIPBC) yw'r sefydliad  
Iechyd mwyaf yng Nghymru yn  
gwasanaethu chwarter o'r  
boblogaeth ar draws Ynys Môn,  
Gwynedd, Conwy, Sir Ddinbych, Sir y  
Flint a Wrecsam yn ogystal â rhoi  
rhannau o Ganolbarth Cymru,  
Swydd Gaer a Swydd Amwythig.

Mae'n darparu amrywiaeth llawn o  
wasanaethau syffaenol, cymunedol, iechyd  
meddwl ac ysberty aciw't ar draws 3 ysberty  
dosbarth, 22 ysberty cymunedol a rhwydwaith  
o dros 90 o ganolfannau iechyd, clinigau,  
canolfannau tîm iechyd cymunedol ac unedau  
iechyd meddwl. Mae BIPBC hefyd yn cydlynu  
gwaith 113 meddygfa teulu a gwasanaethau'r  
GIG sy'n cael eu darparu gan ddeintyddion,  
optegwyr a fferyllwyr ar draws y rhanbarth.

## Manteision gweithio i BIPBC

Mae pawb sy'n ymuno â ni yma ym Mwrdd



Iechyd Bets! Cadwladr yn cael gwarant  
gyflog sy'n cyfateb i'w gallu, profiad a  
chwyfroldebau a phob cyfle i'w gynyddu trwy'r  
dilyniant cyflog.

Ar ben eich cyflog syffaenol, byddwn yn eich  
gwobrwyo â hawl i wyliau hael. O'r cychwyn d'r  
GIG, bydd staff yn cael 27 diwrnod o  
absenoldeb â thâl. Ar ôl 5 mlynedd o  
wasanaeth, mae'r hawl hon yn cynyddu i 29  
diwrnod ac i 33 diwrnod ar ôl 10 mlynedd. Mae'r  
hawliau hyn yn ychwanegol at 8 gwyl banc 8  
(mae'r hawl hon yn pro rata i staff rhan-amser  
ac yn eithrio staff meddygol a deintyddol sydd  
â threfniadau ar wahân).

Mae Cynllun Pensiwn y GIG hefyd yn fantais  
staff pwtysig a gwerthfawr i bobl sy'n gweithio  
yn y GIG. Gyda phrecon ardderchog o fuddion  
pensiwn ar gynntig, mae manteision  
ychwanegol Cynllun Pensiwn y GIG yn anodd  
eu dyblygu mewn manau eraill. Rydym hefyd  
yn cynnig llawer o fantaision sy'n ystyried  
teuluoedd, gan gynnwys cynlluniau talebau  
gotal plant, polisiâu cydbwysedd bywyd a  
gwaith a chyffusterâu crèche ar y safle.

hyfforddigiawethiobywggogledl.cymru



Heart Monitoring  
Check-up

# Hyfforddi

# Cynlluniau hyfforddi sy'n wahanol! un unrhyw un arall



## Addysg Nyrsio

Mae gan ein gweithlu nyrsio a bydwreigiath gyfnoedd datblygiad profesiynol parhaus mewnol ardderchog sy'n sicrhau eich bod yn cael mynediad at weithgareddau dysgu a datblygu rheolaidd drwy gydol eich gyfno fel nyrs neu fydwraig, sy'n cynnal ac yn gwella eich gwylbodaeth a sgiliau yn unol â'ch llwybr gwybodol a chefnogi'n frwd a chaiff ei gyflwyno oherwydd ein cysylltiadau agos â'n prifysgolion lleol.

Rydym yn cynnig cylchdroeon i ddatblygu a gwella eich profadau clinigol ac mae gennyf amrwyaeth o raglenni datblygu arweinyddiaeth ar gyfer darpar arweinyr hefyd.



Ranked No 1 in the UK in the 2016 GMC Trainee Survey

Gogledd Cymru yn darparu amrwyaeth o gyfnoedd ar draws ardaloedd gwledig a threfol a lleoliadau.

Mae yna opsiynau hyfforddiant hyblyg, Gallwch hyfforddi ar sail llai nag amser llawn (LFT), ac mae ein Proffad y Tu Allan i'r Rhaglen (OCP) yn golygu y byddwch yn cymryd seibant i ennill profiad clinigol ychwanegol.

## Cyflw Cymrodoriaeth

Ymhlith yr opsiynau datblygu cyfnoedd hyfforddi ar Gyrodoriaeth Trac Academaidd Clinigol Cymru (WCAT) Cymru a Chymrodoriaethau Clinigol Arweinyddiaeth Cymru uchel eu parch. Trwy gwblhau'r Gyrodoriaeth, byddwch mewn sefyllfa ddeffrydol i arwain yr ymchwiliad pontio o'r fainc i ochr y gwely, ac adeiladu arno, neu welliannau wrth ddarparu gofali iechyd.

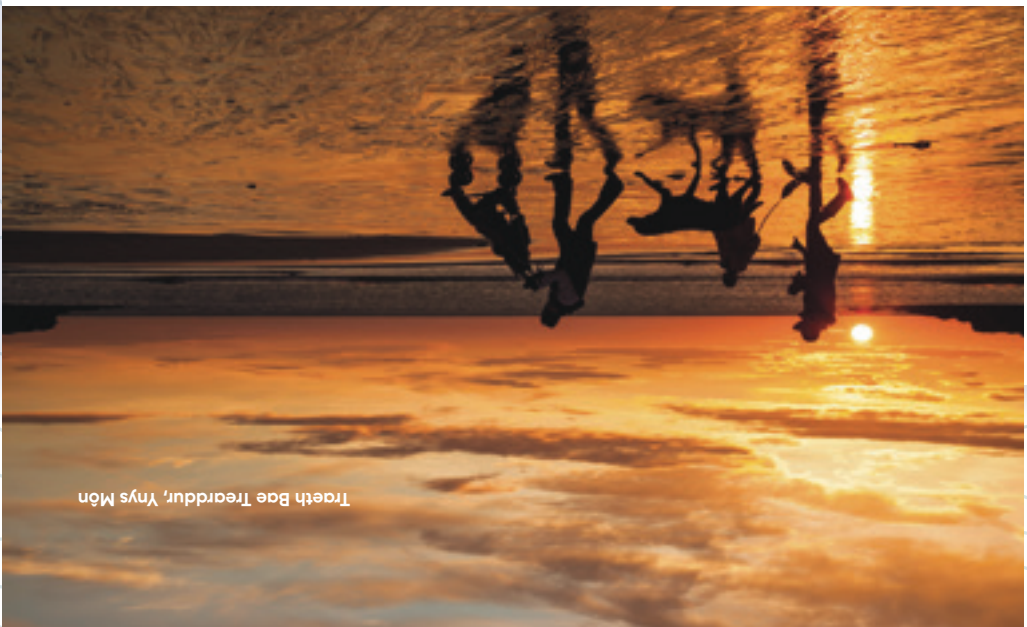
**Trwy hyfforddi yng Nghymru, cewch ddewis o bith dwsinau o raglenni hyfforddi arbennigedd hyblyg, o ansawdd uchel, a chewch gymorth gweithwyr profesiynol perthynol i iechyd profadol.**

Mae ein Contract Addysg newydd yn unigryw i Gymru. Mae hynny oherwydd ei fod yn gwariantu eich mynediad at yr holl gllinigaau cleifon allanol, sesiynau theatr, rowndiau ward a chyfnoedd addysgol eraill y mae eu hangen ornoch.

Mae Deoniaeth Cymru yn gweithredu amrwyaeth eang o raglenni hyfforddiant arbennigol i chi ddewis o'u plith gan gymwys y Rhaglenni Hyfforddiant Sail Eang yng Nghymru a Gogledd Cymru a llawer Ngorllewin Cymru o hfforddiant o hfforddiant arbennigol fel y Rhaglen Meddygaeth Mynydd sy'n hyfforddi ar odre'r Wyddfa. Gall yr holl recriwtiaid i Hyfforddiant Meddyg Teulu yng Nghymru roi eu cynlluniau hyfforddi mewn trefn o ddewis ac mae



# Croeso



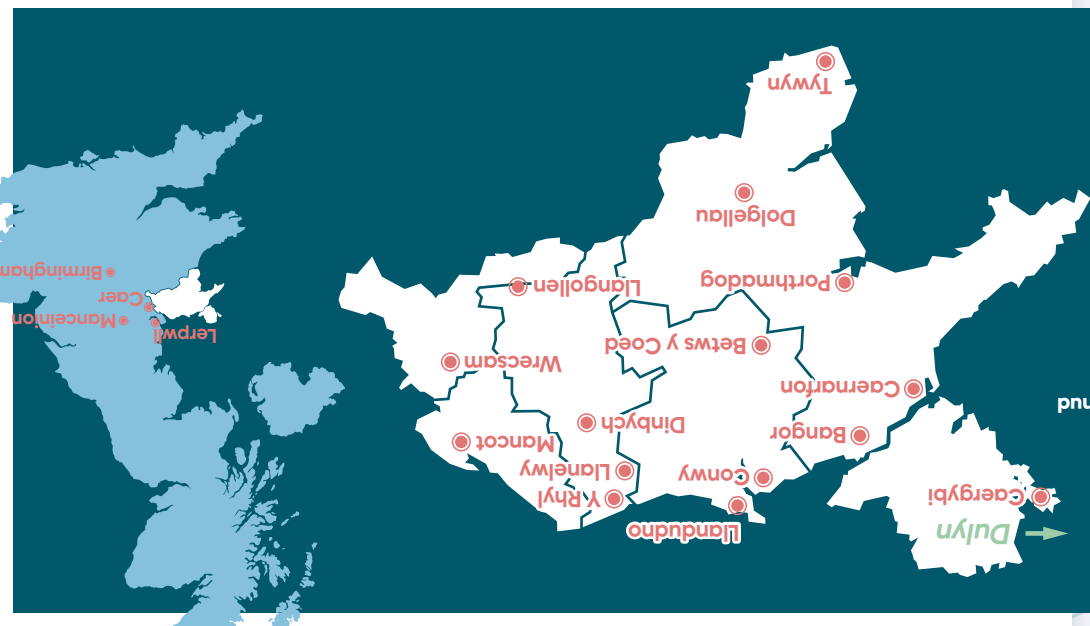
Treath Bae Trearddur, Ynys Môn

## Mae croeso cynnes yn aros amdanoch

Os ydych yn ymhyrfdu mewn her, ag angerdd i helpu pobl eraill, neu ag entychion a chyfeusterau chwaraeon beicio mynydd pwrpasol, llinellau sip sy'n codi i'r betio mynydd pwrpasol, llinellau sip sy'n codi i'r entychion a chyfeusterau chwaraeon rhagorol, neu mwyhewch olygfydd a synau ein safleoedd treftadaeth Cymreig, gwyliau bydd a chymunedau lleol. Mae Bwrdd Iechyd Prifysgol Bets! Cadwaladr (BIPBC) yn symud mewn cyfeiriad cadarnhaol trwy gyfniad o gynllunio strategol, buddsoddiad mewn sefyllfa a chanolbwyntio ar y siatnelau cyfathrebu rhwyg yr holl staff ac adranau. Bydd recriwtio, cadw a datblygu gweithlu amrywiol a thalentog yn cyflwynu ein tait.

## Dewch i adeiladu eich dyfodol wrth ein helpu i lunio ein dyfodol ni.

P'un a ydych eisoes yn hyfforddi, wedi cymhwysu, neu hyd yn oed heb feddwl mor bell ymlaen eto, byddwch yn cael y cyfle i lunio dyfodol gofali iechyd mewn ardali drawiadol o'r byd. A phan na fyddwch yn gweithio bydd yna ddigon i'w ddornganfod. Darganfyddwch barc cenedlaethol Eryri helaeth neu ein llwybr arfordirol syfrdanol, ewch y tu allan â'n llwybrau



Amseredd teithio nodweddiadol o Lanellwy:  
 • Lerpwl 55 munud  
 • Manceinion 1 awr 16 munud





**Hyfforddi.Gweithio.Byw.**  
GOGLEDD CYMRU



# Pam dewis y GIG yng Ngogledd Cymru?

hyfforddigiogweithiobygogledd.cymru

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