



STH Staff Travel Made Easy: Your Guide to Convenient, Healthy Commuting!



**PROUD
TO MAKE A
DIFFERENCE**

SHEFFIELD TEACHING HOSPITALS NHS FOUNDATION TRUST



BUS – High Frequency

Central Campus

Northern Campus



120 Crystal Peaks -
Sheffield City Centre –
Glossop Road -
Fulwood
52/52a Woodhouse-
Sheffield City Centre –
Western Bank -
Hillsborough

88 Bents Green –
Sheffield City Centre –
NGH - Ecclesfield
76/76a/e – Lowedges –
Sheffield City Centre –
NGH - Meadowhall
75/75a – Jordanthorpe
– Sheffield City Centre –
NGH –
Chapelton/HighGreen

TRAM



YELLOW Meadowhall – Sheffield City Centre –
University Stop – Middlewood

BLUE Halfway – Sheffield City Centre – University
Stop – Malin Bridge

TRAIN



10 minute walk to High Street

8 minute walk to Arundel Gate

3 minute walk to Sheffield Interchange

Trains from Barnsley, Doncaster and Rotherham,
Chesterfield, and national locations

PARK AND RIDE

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Nunnery Square, Middlewood, Centertainment,
Ikea, Halfway, Middlewood, Malin Bridge all offer
free parking and using the Tram Network

Meadowhall offers free parking, for bus, tram and
train users.

Tesco, Millhouses -parking for use with bus
30/30a

Tickets – 7 Day*

TravelMaster (Unlimited travel)

City Bus	Any Bus in Sheffield	£23.00
City Wide	Any Bus or Tram in Sheffield	£24.60
SY Bus	Any Bus in South Yorkshire	£24.50
SY Connect	Any Bus or Tram in South Yorkshire	£32.70
SY Connect+	Any Bus, Tram and Train in South Yorkshire	£43.10

South Yorkshire Transport

Supertram	Any Tram	£18.50
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First Bus

Sheffield	Any Bus	£21.50
South Yorkshire	Any Bus	£24.50

Stagecoach Mega Rider

Silver	£23.50
Gold	£40.00

Staff 5% Discount on All TravelMaster products (7 & 28 Day)

[STH Staff TravelMaster 5% Discount Code – Fill in form](#)

Stagecoach 10% NHS Discount Nationwide

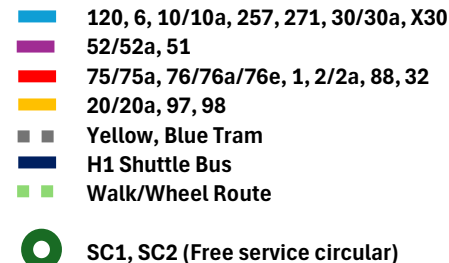
*All operators offer longer and flexi tickets

**Prices shown are via the operator ticketing app

Download the Travel South Yorkshire App for journey
planning, tickets, news and disruptions



Central and Northern Campuses



Cycling and Walking

We have plenty of cycle storage for staff at our two main campuses:

Central – 10

NGH – 10

It's easy to register for access <https://bit.ly/STHCycleStorage>

If you don't own a bike, you can purchase one through our Staff

Salary Sacrifice Scheme [Perkbox | Home](#)

Bike Hire

A Different Gear through the Cycle Boost Scheme [CycleBoost –](#)

[Bike Loans and Cycle Training](#)

Sheffield Cycling 4 All [Sheffield Cycling 4 All » Cycle loan scheme](#)

Keeping you on the road - Bike repairs

A Different Gear - [Cycle Hut Full Service Bookings | A Different Gear](#)

Sheffield Community Bike Project [Sheffield Community Bike Project – Sheffield's volunteer run bike workshop.](#)

Journey Planning

We have dedicated Bike Buddies who will ride your journey with you to give you the confidence [insert link] to stay cycling or contact A Different Gear, who offer cycle training, confidence building, journey planning and bike buddies.

To plan your journey visit Cycling UK [Journey planner | Cycling UK](#) or Cycle travel [Bike map | Cycle route planner | cycle.travel](#)

Cycle Hubs

Sheffield Station – [Station Facilities](#)

Russell's Bicycle Shed - [Russell's Bicycle Shed](#)

The Moor, Sheffield - [SpokeSafe](#)

Showers and Lockers

There are showers in many departments and local arrangements for locker storage – speak to your line manager. Alternatively, there are showers and lockers in the Doctors Mess, with a small fee and in the Auto Valets.

Details can be found on our [Active travel page](#)

Rewards for active travel

BetterPoints Sheffield rewards you for walking/wheeling, cycling and using public transport.

It's free to join and the points you earn can be exchanged for hot drinks at STH retail outlets, or if you fancy a treat redeem at lots of local businesses or donate to local charities.

Scan the QR to download the free app and start earning rewards today - or visit sheffield.betterpoints.uk for more information.



STH Shuttle bus

We have a dedicated service that operates between the Northern and Central campuses – making it easier to get around. Journeys are free for all staff with a valid ID card.

Contact us:

STH Travel

You can contact us at sth.travelplanning@nhs.net to help plan your journey, travel discounts and advice.

Follow on social media

