MAKING EVERY CONTACT COUNT

What opportunity do you have to Make Every Contact Count today?

The smallest changes can make the biggest difference

MECC is a behaviour change approach that encourages positive health and wellbeing conversations.



Domestic Abuse



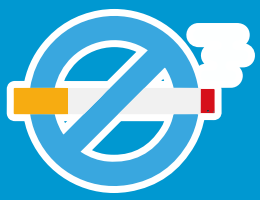
Eating healthily



Finances



Affordable Warmth



Stopping smoking



Looking after mental health



Problem gambling



Alcohol

For more info scan the QR code!