APOLLO

HEALTH AND SOCIAL CARE

Care Start

The Apollo Care Start project provides free training courses, 1:1 advice and support to help you achieve your goal of finding paid employment within the health and social care sector.



This can be achieved by providing you with sector-based training, 1:1 guidance and support. We can help and guide you to attain your goals at convenient locations across Great Yarmouth and Waveney which will help and support you on your journey to gain employment within the NHS or social care sector.

By taking part in the Apollo project, you will:

- Learn new skills and boost your CV
- Be helped to explore opportunities to retrain for a job in the health and social care sector
- Improve job application techniques
- Boost your confidence
- Be provided with a series of free care certificate training sessions as used by health professionals across the country.

Follow us on social media to keep updated about our courses!

The Apollo Project

The Apollo Project

@ApolloProject23

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The Care Certificate is an agreed set of standards that define the knowledge, skills and behaviours expected of specific job roles in the health and social care sectors and covers the following subjects:



- Understanding your role
- Duty of care
- Equality and diversity
- Working in a person-centred way
- Communication
- Health and safety
- Handling information
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health, dementia and learning disabilities
- Safeguarding adults and children
- Basic life support
- Falls assessment and prevention

If you have questions about the Apollo project or are interested in learning more about our project training offer, please call our friendly team on **01502 525177** for an informal chat or email: **apollo@eastcoast.ac.uk**

Alternatively, please check out the East Coast College website to sign up for training at: **https://www.eastcoast.ac.uk/projects/the-apollo-project/**

In times of change, there is always opportunity.

eastcoast COLLEGE

NHS England